



# Wellbeings

## Lingham Court residents

### Monday 11am-12.30pm

Residents of Lingham Court can take part in fun and creative activities, alongside good company and light refreshments.

**Dining Room  
Lingham Court  
10 Lingham Street  
Stockwell  
London SW9 9HF**

**£6 per attendee (price includes refreshments).**

Please get in touch with Lydia if you are interested in joining us.

0208 318 9105 or [hello@age-exchange.org.uk](mailto:hello@age-exchange.org.uk)

# Finding us

Lingham Court can be accessed by tube, bus and rail.

## TUBE

Nearest underground is via the Victoria or Northern Line to Stockwell Station. On average walking pace, it is then a 3-minute walk from Stockwell Station.

## BUS

The following bus routes run closest to Lingham Court are: 50, 88, 155 and the 345. The stops are then a 2-minute walk to Lingham Court.

## RAIL

Nearest railway station is Brixton then a 20-minute walk.

## CAR

Please note there is limited car parking space in the area.

**For more information go to [www.lambeth.gov.uk](http://www.lambeth.gov.uk)**