

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Yoga taster**  
10.30-11.30am  
**Chair Pilates**  
11.15am-12.15pm  
12.30-1.30pm

**Library**  
10am-12pm  
**Chair Yoga**  
Well Living  
Summer break

**Art Group**  
10am-1pm  
**Belly Dancing**  
11am-12.15pm

**Morrison**  
**Financial Planning**  
9am-4pm  
18 August

**Chair Yoga**  
10.30-11.15am  
11.30-12.15am

**Library open**  
1-4pm

**Hand massage**  
2-4pm

**Exercise with Aga**  
4-5pm

**Library**  
10am-12pm  
**Stitch in Time**  
11am-1.30pm

**Babies Ballet**  
1-2pm

**Rhyme Time**  
Summer break  
**Body Orchestra**  
Summer break

**Reader group**  
2.30-4pm  
**Ballet Bums**  
7.30-8.30pm

**Tai Chi class**  
6-8pm