



# Café Create

**Young Onset  
Dementia**

**Tuesday**

**11.30am-1.30pm**

A group for those diagnosed under 65, living with young onset dementia, and their carers. People are invited to explore arts activities, whilst enjoying good conversation and meaningful support.

**West Norwood Library & Picturehouse  
Community Room  
1-7 Norwood High Street  
London SE27 9JU**

**£6 per attendee (no additional cost for carers).  
Carers are welcome. Light refreshments provided.**

Please get in touch with Lydia if you are interested in joining us

0208 318 9105 or [hello@age-exchange.org.uk](mailto:hello@age-exchange.org.uk)

# Finding us

West Norwood Library & Picturehouse can be accessed by rail, tube and bus.

## RAIL

The nearest overground train station is West Norwood, which is a 3 minute walk from the Library & Picturehouse.

Trains from the station head to and from London Victoria, London Bridge, Beckenham Junction and Sutton via West Croydon.

## TUBE

The nearest tube station is Brixton on the Victoria line, followed by a 20 minute bus ride (2, 196, 322 or 432).

## BUS

The following bus routes run close to the cinema: 2, 68, 196, 315, 322, 432, 468, N2, N68, X68.

## CAR

Please note there is limited car parking space in the area.

**For more information go to [www.lambeth.gov.uk](http://www.lambeth.gov.uk)**