



Wellbeings

People in Lambeth

Monday

1.30-3pm

Friendship and support for people living in Lambeth living with dementia and their carers. People can take part in activities such as art, music and reminiscence.

Main Hall
Stockwell Park Community Centre
21 Aytoun Place
Stockwell
London SW9 0TE

£6 per attendee (no additional cost for carers).
Carers are welcome. Light refreshments provided.

Please get in touch with Lydia if you are interested in joining us.

0208 318 9105 or hello@age-exchange.org.uk

Finding us

Stockwell Community Centre can be accessed by rail, tube and bus.

RAIL

Nearest railway stations are Brixton then a bus or 15 minute walk. Loughborough Junction then a bus or 20 minute walk or Clapham North then a bus or 20 minute walk or Clapham High Street on the Overground then a bus or 20 minute walk.

TUBE

Nearest underground is via the Victoria or Northern Line to Stockwell Station. On average walking pace, it is then a 10 minute walk from Stockwell Station.

BUS

The following bus routes run closest to the Centre; 133, 159, 2, 3, 345 or 59. All then require a walk of around 5 minutes to the Centre.

CAR

Please note there is limited car parking space in the area.

For more information go to www.lambeth.gov.uk